LANDSCAPING BY DEER:



Deer Resistant Plants at a Horticulturist's Home Garden

I've lived in my current home for a little more than 20 years. I live about 700 feet off of a dirt road in the middle of 10 acres surrounded by neighbors with no less than 10 acres, most living near the road. Across the street are about 250 acres that one neighbor owns and uses as a hunting preserve for their family and a few friends. Basically I'm in a deer paradise and even a "deer sanctuary" during hunting season since I don't hunt. That means there is a lot of deer pressure on my landscape. I usually see them in groups of 4 to 12 but sometimes up to 20.

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Dr. Fernandez' interest in horticulture arose from working in his family's ornamental greenhouse/ nursery business. He worked for eight years in the business participating in all aspects from areenhouse construction to plant production.



- Japanese Anemone (Anemone x hybrida 'Honorine Jobert'): Depending on the cultivar they are loaded with white or various shades of pink flowers and single or double flowers. Flowering stems reach 3 to 5 feet in height but some of the newer cultivars are 2 to 3 feet. Can be somewhat aggressive but is easily pulled out. Full sun to partial shade; more flowers and more compact in full sun.
- Blue False Indigo (Baptisia australis): Native to much of the eastern United States. It has bluishgreen waxy trifoliate leaves arising from a large clump of single stems. Flowers are in large 12 to 16-inch spikes occurring in early summer followed by inflated seed pods. Best in full sun.
- 3 Bleeding Heart (*Lamprocapnos spectabilis*): A great addition for early to mid-spring flowering with typical heart-shaped flowers and protruding white inner petals. Does not like wet soils during the winter or dry soils in the summer. Typically goes summer dormant. Best in partial shade.
- 4 Jack of Diamonds Siberian Bugloss (Brunnera macrophylla 'Jack of Diamonds'): Sky-blue flowers in the spring held above heart-shaped silver laced leaves make this a great plant for the shade garden. Leaves are hairy and contain spiny-feeling cystoliths that keep deer from eating them. Cultivar leaf colors are green, silver and white. Will scorch in sun; keep in partial but not heavy shade.
- 5 Royal Purple Smokebush (*Cotinus coggygria* 'Royal Purple'): Leaf colors include purple, green and gold. Spectacular fall color with oranges, reds and yellows. Billowy hair-like stalks after the petals drop give it a smoky appearance. Most older cultivars will grow to be 10 to 15 feet tall but some new cultivars have been developed that stay around the 6-foot range. Best in full sun but will take partial shade.
- 6 Slender Deutzia (*Deutzia gracilis*): Covered with white, slightly fragrant flowers in early to mid-spring. Grows 4-5 feet high and wide but there are dwarf cultivars, a pink-flowered cultivar, a gold-leaved form, and a cultivar with white variegated leaves. Best in full sun to partial shade.
- 7 Dwarf Korean Lilac (Syringa meyeri 'Palibin'): Fragrant blooming bright pink flowers in mid to late spring. Will reach 5-6 feet in height and width. Best in full sun.
- Globe Thistle (*Echinops ritro*): Golf ball-sized steel blue flowers occurring mid-summer through early fall. Clump forming, growing between 2.5 and 4 feet. Spiny, thistle-like leaves deter browsing. Best in full sun.
- 9 Rozanne Hardy Geranium (Geranium x 'Gerwat'): Rozanne is the Trademark name for this relatively new hybrid hardy geranium with the typical blue flowers with a white center but larger and much longer blooming. Begins to bloom in early to mid-summer and continues through late fall. Best in full sun to light shade.
- Hardy Hibiscus (*Hibiscus* x): Flowers come in a range of colors from white to pink to red to bicolored and tricolored flowers. Flowers last only one day but it puts out a lot of flowers each day once warm weather hits. Typically dies to the ground in the winter in Michigan but re-sprouts in late spring. Treat it as an herbaceous perennial. Best in full sun.
- Limelight Hardy Hydrangea (Hydrangea paniculata 'Limelight'): Dense branching and heavy blooming with a range of mature sizes from 3 feet to over 12 feet and flower colors from pale green to white, and blush to pink. Blooms occur on the current season's growth. Best in full sun.
- 12 Foreground Japanese Anemone (Anemone x hybrida) and background Bush Clover (Lespedeza thunbergii): See Photo caption 1 for information on Japanese Anemone. Bush Clover grows to be 3 to 6 feet in one year but don't worry, it is killed to the ground in our typical Michigan winters, so treat it like a herbaceous perennial. Rose purple blooms in mid to late fall, so something to provide color late in the year. It is in the pea family so blooms look like small sweet pea flowers.
- 13 Maidenhair Fern (Adiantum pedatum): Grows 1.5 to 2 feet in height by 1 to 1.5 feet in width. The fronds emerge pink and transition to green as they open, held on reddish brown to black rachis (the stem of the frond). Forms clumps that slowly grow and spread over time. Best in partial to full shade with moist (not soaked) soils.



Since I've been at home during the pandemic I've been able to observe the deer much more frequently. Before the pandemic I always noticed them around dawn and dusk and not much during the rest of the day if I happened to be home, perhaps they were more skittish when I showed up so infrequently. Of course I knew they were around at night because of the plant slaughter seen in the morning. Now it seems they've become used to people being around more and I notice them coming through several times a day like they're making rounds (or it's different groups). They appear every 2 to 4 hours.

Long ago, I gave up on trying to use all of the wonderful plants in my landscape that I have access to being a Horticulture Professor; the deer also thought many of them were wonderful for browsing or rubbing. Now I use plants that the deer don't eat or that eventually escape deer damage, what I call landscaping by deer. Here are my personal experiences with deer at my home. Just remember that your deer may have different tastes than mine and I guarantee they won't have read this article.

I've tried repellents but they were not effective, for me at least. I was not willing or able (I travel a lot) to reapply every few days and after rain as many of the products call for. For those interested in deterrents, these include several commercial products (Liquid Fence, Bobbex Deer Repellent, Deer Scram, Havahart Deer Repellent, Deer Out and others) that variously contain eggs (sometimes putrefied), dried blood, cayenne pepper, soaps, and other smelly substances. These are sprayed on the plants to cause revulsion in the deer hopefully by smell alone but sometimes after a nibble. After they dry the scent is no longer detected or is very faint to humans. Most of these products are reported to be very effective but need to be reapplied at regular intervals and after rain. Alternative and homemade repellents include human hair, soap bars (usually small hotel size bars), coffee grounds, vinegar, cinnamon, garlic, sprays with peppermint or clove oil, and other strong smelling substances. I haven't seen any trials of these substances but most



of them are inexpensive and are sometimes waste products (coffee grounds, hair) so it may be worth a try, but deer seem to get used to many of them. I can say coffee grounds did nothing for my deer. Perhaps rotating through several of them would prolong any effectiveness that they might have.

I have found exclusion methods to be effective for high-branched trees and shrubs that will eventually become too tall or woody for deer to browse or rub. Rubbing is definitely seasonal and br wsing sometimes is as well. When I initially tried to grow some arborvitae (Thuja occidentalis) in my garden the deer left them alone until winter. To prevent rubbing, I place three posts around a tree and wrap 4-foot tall chicken wire around them. To prevent browsing, I surround a shrub in bird netting, just catch it in the branches or use zip ties if necessary; that allows the plant to continue to grow more or less uninhibited but the deer are frustrated by the netting. If the problem is seasonal, like rubbing on trees when antlers are on the bucks (August to March), protection needs to be provided only during those periods. Once trees reach about fi e to six inches in diameter, bucks seem to no longer be interested in rubbing them at my house. Poles and wire can be removed once plants get to this size if your deer behave as mine. Many of the evergreens are also browsed only in the winter like arborvitae (Thuja species), false cypress (Chamaecyparis species), hollies (Ilex species), and yews (Taxus species). Netting should be relaxed and reapplied if browsing is constant or removed after winter if browsing is only in the winter. Once shrubs have been in my landscape for two to four years, they are rarely browsed and the bird netting is no longer needed. Finally I use a landscape feature that, in essence, excludes deer. I have approximately a 20 by 20-foot corridor between my house and a pole barn. The deer do not enter this space, it is probably too confined for the . This is where I put all of the plants that deer love to eat and they haven't bothered any of them. If you have such a space then you can experiment



with "deer candy" in your area to see if they'll leave it alone. They usually don't come up to the house either but sometimes get brave, another place to experiment.

Some methods I have not tried: I do not like fences so I haven't installed a deer fence. These are very effective if built correctly but can be very expensive. There are electric fences designed for deer and some are solar charged with battery for night-time and cloudy periods. There are electric deterrents that use an attractant, like peanut butter, to entice the deer to lick it but are hooked up to an electric wire to frighten the deer away. Dogs can be very effective at excluding deer but you will need to let them out at night; deer are aware of schedules. Hunting is usually only a very temporary solution with the high deer population that we have. It really just makes room for other deer to fill in that one's space. Hunting would have to be large scale and consistent to reduce deer populations in most areas. There are scare tactics such as lights or sprinklers attached to motion sensors that come on when something moves in their field; ma e sure to turn them off before you enter the garden. There are also acoustic repellents that emit an ultrasonic sound annoving to deer (and possibly other animals/pets) but unheard by humans. Some commercial growers use motion activated cannons (sound only, no shot) to scare off deer but this might disturb the neighbors and your sleep!

And that brings us back to the title, Landscaping by Deer. To me, the most effective way to avoid deer damage in my garden is to select plants that deer will not eat. For the botanists out there, a few plant families have a large number of ornamental plants that deer won't eat because they are toxic, strongly scented or have prickly crystals. The families are the Anacardiaceae (a family that includes the highly toxic poison ivy but also the edible mango), Apiaceae (also contains a highly toxic plant, poison hemlock, and the edible carrot), Apocynaceae (usually mildly toxic but also has a sticky, latex sap), Ranunculaceae (the buttercup family with almost all toxic plants), Solanaceae (includes deadly

nightshade but also tomatoes and peppers), Boraginaceae (contains cystoliths - highly irritating calcium carbonate crystals usually in the leaves; borage fl wers are edible, have a sweet taste), and the Lamiaceae (the mint family, many used as edible herbs and teas; it is thought that the strong scents of most of these plants deter deer from eating). Other plant families are hit and miss as far as deer browsing. Toxic does not necessarily mean lethal; there is a range of toxic responses... from skin rash, eye irritation, and stomach ache to death... but there are a few plants on my list that are definitely letha. If you have children that like to eat plants make sure to pay attention to the Comments column in the following tables. Also, the dose makes the poison; slight or moderately toxic plants can become extremely toxic if a large enough quantity is eaten. However, for the extremely toxic plants, usually the lesser symptoms occur and make most people stop before it becomes life threatening. I've made a note of plant toxicity to humans and pets when the information is available.

The following Tables list herbaceous perennials and shrubs that the deer don't eat in my garden. My deer have not rubbed perennials or shrubs although they have walked through perennials and caused some minor damage. I don't have a table for trees because all high-branched trees (maples, oaks, tree lilac, Kwanzan cherry, etc.) are susceptible to rubbing, so I surround their trunks using the pole/ chicken wire method described earlier and this also discourages browsing. I have only planted blue spruce and white pine low-branched trees. Deer do not touch blue spruce but there are other problems with them that you should consider before buying, such as needle cast. The deer have enjoyed my white pines but I have not; they ate them to the ground.

Finally, remember that deer have different tastes at different locations. People have told me deer eat plants in their gardens that my deer won't touch in my garden and vice versa.

- 14 Karley Rose Oriental Fountain Grass (Pennisetum orientale 'Karley Rose'): Short grass reaching 2 to 3 feet in height and width with rose-purple flowers held at the tip of long flowering stems in 4 to 8-inch long bottle brush-like clusters starting in June and continuing until frost. Flowers transition to brown seeds and are retained on plants through most of winter. Best in full sun but will take partial shade, less flowering to no flowering as shade deepens.
- 5 Russian Sage (Perovskia atriplicifolia): Interesting blue-green to silver-green foliage with bluish purple flowers in large spikes occurring in mid to late summer and lasting through mid-fall. Best in full sun; tends to flop with increasing shade.
- **16** Long-leafed Lungwort (*Pulmonaria longifolia*): The silver-spotted leaves in the middle of the image. A great plant for foliage during the growing season with the bonus of early spring blue flowers in short spikes appearing just before or as the leaves emerge. It has spiny cystoliths in the foliage that deter animal browsing. A great shade ground cover, it will scorch in full sun; grows 1 to 1.5 feet high and slowly spreads.
- 17 Deer resistant plants can be selected to meet any design needs. Here is a planting providing a layered effect by height with all deer resistant plants. From foreground to background: The Blues Little Bluestem (*Schizachyrium scoparium* 'The Blues'), Willowleaf Bluestar (*Amsonia hubrichtii*), Black Adder Anise Hyssop (*Agastache* x 'Black Adder'), and Thundercloud Switch Grass (*Panicum virgatum* 'Thundercloud').
- 18 Fireworks Wrinkle-leaved Goldenrod (Solidago rugosa 'Fireworks', on right) and Iron Butterfly Ironweed (Vernonia lettermannii 'Iron Butterfly', on left): Fireworks Wrinkle-leaved Goldenrod is the tame cousin of Canadian Goldenrod, which although native can become a garden thug Wrinkle-leaved Goldenrod grows to 3 to 5 feet tall and spreads slowly by rhizomes. It may also seed around a bit but is easy to control. Starting in late summer or early fall, it has bright yellow flowers arching panicles along the last 1.5 to 2 feet of the stem that are favored by bees and other pollinators. It is often thought that goldenrod pollen contributes to hay fever but the large pollen is spread by insects not wind. Iron Butterfly Ironweed is 2 feet tall and wide with foliage very similar to Willowleaf Bluesta but it flowers in late summer/early fall with loads of small tight clusters of bright purple flowers. It does not develop as good fall color as Willowleaf Bluesta but does provide the great fine-leaf foliage texture. It forms clumps and spreads very slowly. Both of these plants are native to the eastern part of North America and both perform best in full sun.
- 19 Tor Birchleaf Spiraea (Spiraea betulifolia 'Tor'): A shrub with a rounded form about 2.5 to 4 feet high and wide. Leaves are somewhat similar to birch leaves. Flowers cover the plant in late spring to early summer. Tor and most others have white flowers but there are a couple with pink flowers (Glow Girl, Pink Sparkler). Best in full sun but will take partial shade.
- 20 Purple Coneflower (*Echinacea purpurea*, top) and Lamb's Ear (*Stachys byzantina*, bottom): Purple Coneflower is native to most of the eastern United States and into a few of the southwestern states. Grows between 2 to 5 feet. Flowers are highly attractive to butterflies and occur from June through August. The seedheads will persist through winter to provide food for birds and other wildlife. Lamb's Ear is grown primarily for the large, incredible fuzzy, silky-soft foliage. Sends up flower stalks that are equally fuzzy making it hard to see the bright blue flowers.
- 21 Tree Peony (*Paeonia* x suffruticosa): This cultivar is perhaps 'Shimadaijin'. Tree peonies are not really trees, more like 3 to 5-foot tall shrubs with similar width. Do not cut these to the ground like herbaceous peonies, they have a woody structure like other shrubs that needs to remain uncut. Flowers slightly earlier than herbaceous peonies and have much larger flowers, 5 to 10 inches in diameter. Flower colors range from white to pinks and reds to oranges and yellows and bicolors and tricolors. Best in partial shade or morning full sun, afternoon shade.
- 22 Coronation Gold Yarrow (Achillea filipendulina 'Coronation Gold'): Has 6 to 12-inch tall silvery green leaves topped by bright yellow flat panicles of flowers in early to mid-summer. Sometimes reblooming will occur if plants are deadheaded. Species and hybrids have range of leaf color (green to silvery) and flower color (white, yellow, orange, pink, red).



Deer resistant herbaceous perennials in my landscape.

Many of these plants are toxic to some degree and many cause only a mild rash or discomfort. They are usually not eaten



by children or pets due to bitter taste, latex sap or other distasteful compounds. Care still should be exercised when selecting plants that are toxic. There are a few plants designated as Extremely Toxic



that should be avoided if you have young children. Pets usually will not eat these plants but you may want to avoid them anyway if you have pets that like to eat plants.

GENUS	SPECIES	COMMON NAME	FAMILY	DEER RESISTANCE	COMMENTS
Achillea	millefolium, hybrids	Yarrow	Asteraceae	No damage	Slightly toxic*. Terpenes formed by plant that may provide protection
Aconitum	carmichaelii, napellus, x cammarum	Monk's Hood	Ranunculaceae	No damage	Extremely toxic
Actaea	matsumurae, racemosa	Snakeroot	Ranunculaceae		Slightly toxic
Adiantum	pedatum	Maiden Hair Fern	Adiantaceae	No damage	May be toxic to cats
Agastache	foeniculum, hybrids	Hyssop	Lamiaceae	No damage	Fragrant foliage
Allium	aflatunense, amplectens, atropurpureum, azureum, caesium, carolinianum, christophii, karataviense, moly, nigrum, oreophilum, schoenoprasum, schubertii, spaerocephalon, stipitatum, tripedale, unifolium, hybrids	Ornamental Onions, Chives (A. schoenoprasum)	Liliaceae	No damage	Nontoxic to humans but toxic to many other mammals (deer, horses, cattle). Fragrant foliage
Amsonia	hubrechtii, tabernaemontana	Blue Star	Apocynaceae	No damage	Slightly toxic, sticky latex sap
Anemone	sylvestris	Wood Anemone	Ranunculaceae	No damage	Moderately toxic
Anemone	x hybrida	Japanese Anemone	Ranunculaceae	No damage	Moderately toxic
Aquilegia	canadensis and hybrids	Columbine	Ranunculaceae	No damage	Moderately toxic
Aralia	cordata	Japanese Spikenard	Araliaceae	No damage	No reported toxicity
Artemisia	schmidtiana, stelleriana	Silver Mound Artemisia, Silver Bullet Artemisia	Asteraceae	No damage	Fragrant due to terpenoids – also taste bitter, range of toxicity from none (the herb tarragon) to moderately toxic.
Athyrium	nipponicum	Japanese Painted Fern	Dryopteridaceae	No damage	No reported toxicity
Baptisia	australis	False Indigo	Fabaceae	Minor to No damage	Slightly toxic. Deer nipped in 1st year but haven't touched since
Belamcanda	chinensis	Blackberry Lily	Iridaceae	No damage	Slightly toxic
Bergenia	cordifolia	Pigsqueak	Saxifragaceae	No damage	No reported toxicity
Brunnera	macrophylla	Siberian Bugloss	Boraginaceae	No damage	No reported toxicity but has prickly cystoliths in coarsely pubescent foliage, makes very undesirable for forage
Camassia	cusickii, leichtlinii	Camas lily	Liliaceae	No damage	Edible**
Caryopteris	incana, x clandonensis	Blue Mist Spiraea or Blue Beard	Lamiaceae	No damage	No reported toxicity. Fragrant foliage



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Chelone	lyonii, obliqua	Turtlehead	Scrophulariaceae	No damage	No reported toxicity
Chionodoxa	forbesii, luciliae	Glory of the Snow	Liliaceae	No damage	No reported toxicity
Colchicum	autumnale, byzantinum	Autumn Crocus	Liliaceae	No damage	Extremely toxic
Coreopsis	pubescens, verticillata	Tickseed	Asteraceae	No damage	No reported toxicity
Crocosmia	x crocosmiiflora	Crocosmia, Montbretia	Iridaceae	No damage	No reported toxicity
Delphinium	species and hybrids	Delphinium, Larkspur	Ranunculaceae	No damage	Very toxic
Dianthus	grantianopolitanus	Pinks	Caryophyllaceae	No damage	Slightly toxic
Dicentra	cucullaria, eximia, spectabilis	Dutchman's Breeches, Fringed Bleeding Heart, Bleeding Heart	Fumariaceae Fumariaceae	No damage No damage	Moderately toxic
Digitalis	purpureum, x mertonensis	Purple Foxglove, Merton Foxglove	Scrophulariaceae	No damage	Extremely toxic
Dryopteris	erythrosora	Autumn Fern	Dryopteridaceae	No damage	No reported toxicity
Echinacea	purpurea	Purple Coneflower	Asteraceae	Minor	Slightly to Moderately toxic, may cause gastrointestinal issues, headaches, oral irritation, dizziness at very high doses
Echinops	bannaticus, ritro	Globe Thistle	Asteraceae	No damage	No reported toxicity
Epimedium	grandiflorum, perraldianum, pinnatum, sempervirens, x perralchicum, x rubrum, x versicolor, x youngianum	Barrenwort	Berberidaceae	No damage	No reported toxicity from plant although a herbal extract has been linked to liver failure. Terpenes formed by plant that may provide protection
Eranthis	hyemalis	Winter Aconite	Ranunculaceae	No damage	Extremely toxic
Eryngium	amethystinum, giganteum, planum, yuccifolium	Sea Holly	Apiaceae	No damage	No reported toxicity
Euphorbia	griffithii, polychroma, hybrids	Spurge	Euphorbiaceae	No damage	Slightly toxic for these species, some species can be extremely toxic. Sticky latex sap
Fritillaria	imperialis, meleagris, persica	Imperial Fritillary, Checkered Lily, Persian Lily	Liliaceae	No damage	None to highly toxic depending on species.
Galanthus	species, hybrids	Snowdrop	Liliaceae	No damage	Slightly toxic
Geranium	macrorrhizum	Bigroot Geranium	Geraniaceae	No damage	Nontoxic to humans but toxic to many other mammals (deer). Has fragrant foliage
Geranium	phaeum	Dusky Crane's Bill, Mourning Widow	Geraniaceae	No damage	Nontoxic to humans but toxic to many other mammals (deer). Has fragrant foliage
Geranium	sanguineum	Bloody Crane's Bill	Geraniaceae	No damage	Nontoxic to humans but toxic to many other mammals (deer). Often have fragrant foliage
Hakonechloa	macra	Japanese Forest Grass	Poaceae	No damage	No reported toxicity



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Helenium	autumnale	Helen's Flower, Sneezeweed	Asteraceae	No damage	Moderately to highly toxic. Despite one common name, it is not responsible for hay fever/pollen allergies.
Heliopsis	helianthoides	Oxeye Daisy	Asteraceae	No damage	No reported toxicity
Helleborus	species and hybrids	Hellebore	Ranunculaceae	Minor	Moderately Toxic but very bitter taste deters browsing although I have seen foliage eaten in winter, doesn't affect flowering
Hyacinthoides	hispanica	Spanish Bluebell	Liliaceae	No damage	Moderately to highly toxic
Hyacinthoides	non-scripta	Bluebell	Liliaceae	No damage	Moderately to highly toxic
Hyacinthus	orientalis, hybrids	Garden Hyacinth	Liliaceae	No damage	Moderately to highly toxic
lris	species and hybrids	Iris	Iridaceae	No damage	Slightly toxic for humans, highly toxic to some mammals
Kniphofia	uvaria	Redhot Poker	Liliaceae	No damage	No reported toxicity
Liatris	spicata	Blazing Star, Gayfeather	Asteraceae	Minor	No reported toxicity
Ligularia	dentata, stenocephalum	Leopard Plant, Ligularia	Asteraceae	No damage	No reported toxicity
Maianthemum	racemosum	False Soloman's Seal	Polygonaceae	No damage	Extremely toxic
Miscanthus	sinensis	Chinese Silver Grass, Eulalia Grass	Poaceae	No damage	No reported toxicity. Considered a weed in some areas of the U.S.
Monarda	didyma	Beebalm	Lamiaceae	No damage	No reported toxicity
Monarda	fistulosa	Wild Bergamot	Lamiaceae	No damage	No reported toxicity
Muscari	armeniacum	Grape hyacinth	Liliaceae	No damage	No reported toxicity
Muscari	azureum	Grape hyacinth	Liliaceae	No damage	No reported toxicity
Muscari	botryoides	Grape hyacinth	Liliaceae	No damage	No reported toxicity
Muscari	latifolium	Grape hyacinth	Liliaceae	No damage	No reported toxicity
Narcissus	species	Daffodil, Jonquil	Liliaceae	No damage	Slightly to Moderately toxic
Nepeta	x faassenii, sibirica	Catmint	Lamiaceae	No damage	Nontoxic to humans but slightly toxic to many other mammals (deer). Fragrant foliage
Oenothera (formerly Gaura)	lindheimeri	Lindheimer's Beeblossom	Onagraceae	No damage	No reported toxicity
Origanum	vulgare	Oregano	Lamiaceae	No damage	No reported toxicity. Subspecies <i>hirtum</i> is the edible standard culinary oregano although all <i>O. vulgare</i> forms have some flavor/aroma.
Pachysandra	procumbens	Allegheny Spurge	Buxaceae	No damage	No reported toxicity
Pachysandra	terminalis	Japanese Pachysandra	Buxaceae	No damage	No reported toxicity
Paeonia	species and hybrids	Peony	Paeoniaceae	No damage	Slightly to Moderately toxic



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Panicum	virgatum	Switchgrass	Poaceae	No damage	Nontoxic to humans but toxic to many other mammals (deer).
Papaver	nudicale, orientale, rhoeas, somniferum (reseeding annual)	Рорру	Papaveraceae	No damage	None to slightly toxic (except high dose of <i>P. somniferum</i> , the Opium Poppy). However, <i>P. somniferum</i> seeds (the seeds used in muffins, cakes, etc) are the only edible poppy seed.
Pennisetum	alopecuroides, orientale	Fountain Grass	Poaceae	No damage	No reported toxicity
Penstemon	species	Beardtongue	Scrophulariaceae	No damage	No reported toxicity but anecdotal reports of some toxicity
Perovskia	atriplicifolia	Russian Sage	Lamiaceae	No damage	No reported toxicity
Platycodon	grandiflora	Balloon Flower	Campanulaceae	No damage	Roots and basal leaves Slightly to Moderately toxic
Pulmonaria	longifolia, rubra	Lungwort	Boraginaceae	No damage	Slightly toxic, but prickly cystoliths in coarsely pubescent foliage makes very undesirable for forage
Rheum	rhabarbarum, palmatum	Common Rhubarb, Chinese Rhubarb	Polygonaceae	No damage	Slightly to Moderately toxic, petioles edible once cooked properly for Common Rhubarb
Rodgersia	aesculifolia, pinnata	Rodgersia	Saxifragaceae	No damage	No reported toxicity
Rudbeckia	fulgida	Black-eyed Susan	Asteraceae	Minor	Slightly to Moderately toxic
Salvia	species	Sage	Lamiaceae	No damage	No reported toxicity
Schizachyrium	scoparium	Little Bluestem	Poaceae	No damage	No reported toxicity
Scilla	siberica	Siberian Squill	Liliaceae	No damage	Extremely toxic
Sedum	reflexum	Jenny's Stonecrop	Crassualaceae	No damage	Edible**
Silphium	perfoliatum	Cup Plant	Asteraceae	Minor to No damage	Will nibble small, young plants, once established it shows no damage
Solidago	non-weedy species: S. caesia, S. flexicaulis, S. rugosa, S. shortii, S. sphacelata	Goldenrod	Asteraceae	No damage	No reported toxicity. Several non-weedy species, avoid <i>S. canadensis</i> - although native it is very weedy
Stachys	byzantinum	Lamb's Ear	Lamiaceae	No damage	No damage, fuzzy leaves
Thalictrum	aquilegifolium, delavayi	Meadow Rue, Chinese Meadow Rue	Ranunculaceae	No damage	Extremely toxic
Thymus	vulgaris	Common Thyme	Lamiaceae	No damage	The edible culinary thyme
Tiarella	species	Foam Flower	Saxifragaceae	No damage	No reported toxicity
Tradescantia	species	Spiderwort	Commelinaceae	No damage	Slightly to Moderately toxic
Trillium	species	Trillium, Wakerobin	Liliaceae	No damage	Roots and berries are slightly toxic





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Tristagma (formerly Ipheion)	uniflorum	Springstar	Liliaceae	No damage	Slightly to Moderately toxic
Uvularia	species	Bellwort	Liliaceae	No damage	No reported toxicity
Verbascum	species	Mullein	Scrophulariaceae	No damage	No reported toxicity
Vernonia	lettermanii, missurica	Ironweed	Asteraceae	No damage	Slightly to Moderately toxic
Veronica	species	Speedwell	Scrophulariaceae	No damage	No reported toxicity
Vinca	species	Periwinkle	Apocynaceae	No damage	Slightly to Moderately toxic, latex sap
Үисса	filamentosa	Adam's Needle	Agavaceae	No damage	Nontoxic to humans but toxic to many other mammals (deer).
Zigadenus	species	Deathcama	Liliaceae	No damage	Extremely toxic- notice the common name!

*Toxicity ranges: No reported toxicity: is not toxic OR has not been tested for toxicity (toxicity unknown). This does not mean the plant is edible; Slight: minor discomfort, skin or eye irritation, stomach ache; Minor: increasing discomfort, skin blistering, diarrhea, stomach ache, disturbed vision, shortness of breath, irregular pulse, vomiting, shaking, respiratory difficulty; Extreme: increase in severity of previous symptoms and in severe cases death. Although plants may be listed as "No reported toxicity" that does not mean they are edible and may cause stomach upset if eaten.

**Proper identification is essential before deciding to eat a plant you are unfamiliar with.



Complete Line of Nursery Stock

Shade Trees Flowering Shrubs Evergreen Shrubs Ornamental Trees Evergreen Trees Perennials



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Deer resistant shrubs in my landscape.

Some of these plants are toxic to some degree and many cause only mild rash or discomfort. They are usually not eaten by children or pets due to bitter taste, latex sap or other distasteful compounds. Care still should be exercised when selecting plants that are toxic. There are a few plants designated as Extremely toxic that should be avoided if you have young

children. Pets usually will not eat these plants but you may want to avoid them anyway if you have pets that like to eat plants.

GENUS	SPECIES	COMMON NAME	FAMILY	RESISTANCE IN MY "TEST" GARDEN: VERY = NO DAMAGE, MODERATE = NIBBLE	COMMENTS
Abelia	mosanensis	Sweet Abelia	Caprifoliaceae	Very	No reported toxicity
Acer	palmatum	Japanese Maple	Aceraceae	Very	No reported toxicity
Berberis	thunbergii	Japanese Barberry	Berberidaceae	Very	Slightly to moderately toxic
Buddleia	davidii	Butterfly Bush	Buddleiaceae	Very	Conflicting reports, treat as toxic
Calycanthus	floridus	Carolina Allspice	Calycanthaceae	Very	Moderate toxicity
Cephalanthus	occidentalis	Buttonbush	Rubiaceae	Very	Moderate toxicity
Cotinus	coggygria	Smokebush	Anacardiaceae	Very	Very minor, may cause skin rash in sensitive people
Deutzia	gracilis, x magnifica	Slender Deutzia, Showy Deutzia	Hydrangeacea	Very	No reported toxicity
Exochorda	racemosa	Pearlbush	Rosaceae	Very	No reported toxicity
Forsythia	x intermedia	Forsythia	Oleaceae	Very	No reported toxicity, leaves and flowers have bitter taste
Hamamelis	x intermedia, vernalis, virginiana	Witch Hazel	Hamamelidaceae	Very	Slight
Hibiscus	syriacus and hybrids	Rose of Sharon, Hardy Hibiscus	Malvaceae	Very	No reported human toxicity. Conflicting reports on toxicity to dogs
Hydrangea	arborescens, paniculata, quercifolia	Smooth Hydrangea, Hardy Hydrangea, Oakleaf Hydrangea	Hydrangeacea	Moderate, once established thick stems are not eaten	Slight
Hypericum	kalmianum	St. John's Wort	Clusiaceae	Very	Slightly to moderately toxic, can interfere with prescription drugs
ltea	virginica	Virginia Sweetspire	Grossulariaceae	Very	No reported toxicity
Kolkwitzia	amabilis	Beautybush	Caprifoliaceae	Very	No reported toxicity
Lespedeza	thunbergii	Bush Clover	Fabaceae	Moderate	No reported toxicity
Magnolia	soulangiana	Saucer Magnolia	Magnoliaceae	Moderate	No reported toxicity
Magnolia	stellata	Star Magnolia	Magnoliaceae	Moderate	No reported toxicity
Paeonia	Mudan or Moutan Group (several species and hybrids, <i>P</i> . x suffruticosa being one of the most popular)	Tree Peony (actually shrubs, never more than 5 ft. tall)	Paeoniaceae	Very	Slightly to moderately toxic



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Tom Fernandez is a Presenter at GLTE 2022 - In-person at the Lansing Center in Lansing, MI, January 24-26th.

